


ASD FACILITY ACCESS SCHEDULE
SCHOOL HOURS FACILITY SCHEDULE

AVAILABLE TO:	REGISTERED ALUMNI PARENT	
	REGISTERED ALUMNI	
	ALUMNI	by appointment only
	ASD GUEST	by appointment / supervision only
Facility	Day(s)	Time
MS/HS Library	Sunday - Thursday	7:45 a.m. - 4:45 p.m.
Other Facilities	By appointment only	

RECREATIONAL HOURS FACILITY SCHEDULE

AVAILABLE TO:	REGISTERED ALUMNI PARENT	
	REGISTERED ALUMNI	
	ALUMNI	by appointment only
	ASD GUEST	by appointment / supervision only
Facility	Day(s)	Time
Outdoor Running Track		6:15 a.m. - 7:30 a.m.
	Sunday - Thursday	6:30 p.m. - 9:00 p.m.
	Saturday	6:15 a.m. - 9:00 p.m.
Fitness Center (Weight Room) <u>ASD Rules</u>	Sunday - Thursday	6:15 a.m.- 7:15 a.m. 5:00 p.m. - 9:00 p.m.
	Saturday	8:00 a.m. - 9:00 p.m.
Swimming Pool (ES Pool)	Sunday- Thursday	6:15 a.m. - 7:30 a.m.
	Saturday	6:15 a.m. - 7:30 a.m.
Tennis Courts	Tennis Court are on a first come first served basis - 3 courts available with 3 courts blocked for lessons. ASD's tennis season is from November - February, with practices from 3:30pm - 6:30pm, Sunday - Thursday. Courts 1-4 are reserved for student athletes.	Sunday - Thursday: 6:30 p.m. - 9:00 p.m.
		Saturday: 8:00 a.m. - 9:00 p.m.
Field House & indoor running track	Sunday - Thursday (except for MESAC and during school events, i.e. graduation)	7:00 p.m. - 9:00 p.m.
	Saturday	8:00 a.m. - 9:00 p.m.

SCHOOL BREAK RECREATIONAL FACILITY SCHEDULE

AVAILABLE TO:	REGISTERED ALUMNI PARENT	
	REGISTERED ALUMNI	
	ALUMNI	by appointment only
	ASD GUEST	by appointment / supervision only
Facility	Day(s)	Time
Outdoor Running Track	Sunday - Thursday	6:15 a.m. - 9:00 p.m.
	Saturday	6:15 a.m. - 9:00 p.m.
Fitness Center (Weight Room)	Sunday - Thursday	6:15 a.m.- 9:00 p.m.
	Saturday	6:15 a.m.- 9:00 p.m.
Tennis Courts	Tennis Court are on a first come first served basis - 3 courts available with 3 courts blocked for lessons. ASD's tennis season is from November - February, with practices from 3:30pm - 6:30pm, Sunday - Thursday. Courts 1-4 are reserved for student athletes.	Sunday - Thursday: 8:00 a.m. - 9:00 p.m.
		Saturday: 8:00 a.m. - 9:00 p.m.
Field House & indoor running track	Sunday - Thursday	6:15 a.m. - 9:00 p.m.
	Saturday	6:15 a.m. - 9:00 p.m.

RECREATION ACTIVITIES

Activity	Day(s)	Time	Venue	Coordinator
Adult (Masters) Lane Swimming	Sunday - Wednesday	6:15 a.m. - 7:30 a.m.	ES Pool	Robert Joe
	Saturday	6:15 a.m. - 7:30 a.m.		
Art Enthusiasts	Join fellow ASD parents to gallery openings, take art classes, see a show! Schedule: to be determined by event/group, days and times will vary. Free to join!			Alexandra Torre
Badminton	Monday	7:00 p.m. - 8:00 p.m.	Field House	Paul Matthew
Basketball	Sunday & Tuesday	7:00 p.m. - 9:00 p.m.	Field House	Tim Heath
	Saturday	7:00 a.m. - 10 a.m.		Saad Hassan
Foodies	Join fellow ASD parents for cooking lessons, dinner clubs and exploring Dubai's diverse food offerings. Schedule: to be determined by event/group, days and times will vary. Free to join!			Alexandra Torre
Meditations & Mindfulness	Tuesday (Starts January 15, 2019)	7:00 p.m. - 8:00 p.m.	E147	Shayanne Salama
Neighborhood Socials	Meet people in your community by helping to organize socials. Schedule to be determined by event/group, days and times will vary. Free to join!			Alexandra Torre
Outdoor Soccer	Monday	7:00 p.m. - 8:30 p.m.	Field	Rupendra Gurung
Ping Pong	Wednesday	7:00 p.m. - 9:00 p.m.	ES 3rd Grade Hallway	Astrid Awad

Ultimate Frisbee	Saturday	7:30 p.m. - 9:30 p.m.	Field	Kristen Winter
	Tuesday (Ultimate League)	7:30 p.m. - 9:30 p.m.	Field	John Kutcher
Yoga	Wednesday	3:40 p.m. - 5:00 p.m.	E215	Parwaneh Sepasi